



Women in Law Enforcement Day

August 4, 2025

St. Louis

2025 Women's Day Agenda

As a powerful addition to your Police Recruitment & Retention Summit experience, this special afternoon is dedicated to elevating women in policing. This immersive experience dives into leadership development, mentorship, and the unique experiences of women across all levels of law enforcement. Designed to empower, connect, and inspire, this special event offers the tools and community to help you thrive – whether you're on the front lines, in command, or climbing the ranks.

VIEW SUMMIT AGENDA

MONDAY

TIME ZONE: CST

MONDAY - AUGUST 4

1:00 PM

Welcome and Opening Remarks

Location: Regency E

Dr. Vereen Barton, *Assistant Chief, Director of Recruiting, Criminal Investigation, and the Office of Accountability and Oversight*

Maryland-National Capital Park Police

Yasmin Brown, *Assistant Chief, Patrol Services*

Maryland-National Capital Park Police

1:10 PM

1:10 PM

Bridging the Divide: Building Trust Through Community Partnerships

Location: Regency E

In this powerful and practical keynote, Major Latricia Allen shares hard-earned insights on how law enforcement and communities can work together to build trust, reduce crime, and foster lasting change. Gain a deeper understanding of what authentic community

partnership looks like in action, from effective communication and transparency to shared accountability and collaboration. This is a must-hear message for anyone committed to safer, stronger, and more united communities.

Major Latricia Allen
Commander – Bureau of Investigative Services
St. Louis Metropolitan Police Department

1:45 PM

Understanding and Relating All Generations

Location: Regency E

- Explore what today’s officers value: wellness, balance, and transparent growth paths
- Unpack the tension between tenure and promotion, and how to lead through resentment and misalignment
- Learn practical strategies for managing and motivating seasoned professionals who feel overlooked

Moderator:
Mike Boward, *Sergeant, Personnel and Training Unit*
Fort Collins Police Department

Shandra Mutchie, *Recruitment/Training Coordinator*
Utah Department of Corrections

Tanya Meisenholder, Ph.D.
NYU Policing Project
Former Deputy Commissioner (NYPD)

2:30 PM

Networking Break



Enjoy snacks and refreshments while mingling with other attendees, included in your registration!

Sample Menu (subject to change):
Coffee (regular & decaf), hot tea, assorted soft drinks, sparkling water, seasonal fruit salad, and soft pretzels with grain mustard

3:00 PM

Making Mental Health a Priority: Thriving in Tough Environments

Location: Regency E

- Get strategies for navigating difficult personalities, retaliation, and isolation in the workplace
- Understand how mental health directly impacts retention and how to lead yourself and others through challenging dynamics
- Learn how to protect yourself and new officers from toxic influences and build a culture of support and success

Katie Carlson, *Director of Wellness Initiatives*
Marion County Sheriff’s Office

Na’Shayla Nelson, PhD, *Assistant Chief of Police*
Portsmouth Police Department

3:45 PM

3:45 PM

Life After Law Enforcement: Planning Your Next Chapter

Location: Regency E

- Learn how to identify and translate your policing skills into new careers and opportunities
- Build a roadmap for life after the badge, whether you're five years out or five months away
- Gain clarity, confidence, and practical tools to set yourself up for long-term success

Moderator:

Yasmin Brown, *Assistant Chief, Patrol Services*

Maryland-National Capital Park Police

Nikki Woodrow, *Sergeant, Pre-Employment and Recruiting*

Wichita Police Department

Malika Knox

Retired Corporal – Prince George’s County Police Department

Tiatte Day

Retired Major – Prince George’s Conty Police Department

4:30 PM

4:30 PM

Roundtable Discussions – Choose Your Own Adventure!

Location: Regency E

AI and Other Trends: Navigating the Future of Work

Explore the latest AI advancements and their impact on the workplace. Discuss how AI is reshaping industries, enhancing productivity, and the ethical considerations we must address moving forward.

Facilitator: Shandra Mutchie, *Recruitment/Training Coordinator*, Utah Department of Corrections

Mastering Difficult Conversations and Political Negotiations

Learn practical strategies for engaging in tough conversations and navigating political challenges with tact, empathy, and effectiveness in professional settings.

Facilitator: Yasmin Brown, *Assistant Chief, Patrol Services*, Maryland-National Capital Park Police

Mentorship That Matters: Building Authentic and Reciprocal Relationships

Dive into the dynamics of mentorship beyond the workplace. Understand how honesty, transparency, and mutual respect create powerful mentor-mentee partnerships that support both personal and professional growth.

Facilitator: Na’Shayla Nelson, PhD, *Assistant Chief of Police*, Portsmouth Police Department

Evolving Hiring Practices for a Changing Society

Examine how departments are adapting hiring standards to reflect societal shifts and diverse applicant pools.

Facilitator: Nikki Woodrow, *Sergeant, Pre-Employment and Recruiting*, Wichita Police Department

Demystifying Promotion: Perspectives from Both Sides

Gain insight into the promotional process through candid discussions and experience sharing, highlighting pathways to advancement and transparency in career growth.

Facilitator: Marvin (Ben) Haiman, *Executive Director*, **University of Virginia Center for Public Safety and Justice**

Health & Wellness: What Women in Policing Need Most

Learn strategies to support physical, mental, and emotional well-being on and off the job.

Facilitator: Tracie Keesee, *Associate Professor of Public Safety and Justice*, **University of Virginia**

4:55 PM

4:55 PM

Closing Remarks

Location: Regency E

Dr. Vereen Barton, *Assistant Chief, Director of Recruiting, Criminal Investigation, and the Office of Accountability and Oversight*
Maryland-National Capital Park Police

Yasmin Brown, *Assistant Chief, Patrol Services*
Maryland-National Capital Park Police

5:00 PM

5:00 PM

Welcome Cocktail Reception

Location: Regency D



ENJOY FOOD & DRINKS, INCLUDED IN YOUR TICKET

Enjoy a hosted premium bar with craft cocktails, premium beer and wine, as well as non-alcoholic beer, soft drinks, and sparkling water. A selection of bite sized hors d'oeuvres, both hot and cold, will complement your drink – all included in your registration!

6:00 PM



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